

Hailee Kendrick

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Professional Summary

Art therapist and licensed professional counselor associate with 5+ years of experience supporting children, adults, and families through crisis intervention, trauma-informed care, and expressive arts modalities. Skilled in integrating creative practices—murals, photography, poetry, and painting—with evidence-based therapy to promote healing, resilience, and self-expression in diverse community and clinical settings.

Education

School of Visual Arts, New York, NY
Master of Professional Study, Art Therapy – 2021

Certification

Oregon Board Licensed Professional Associate Counselor
Board Certified & Registered Art Therapist
Certificate of Participation in Providing Mental Health Assessments for Gender Affirming Surgery Referral
Letters by National LGBT Health Education Center - The Fenway Institute

Professional Experience

Hailee Kendrick Art Therapy - Art Therapist (*Portland, OR*)

February, 2025 - Present

- Provide individual art therapy for children and adults in community and private settings.
- Developed safety plans tailored to needs.
- Maintain clinical documentation and progress notes.

Portland Providence Medical Center - Inpatient Behavioral Health Therapist (*Portland, OR*)

January, 2023 - January, 2025

- Delivered individual and group therapy for adults experiencing acute mental health crises in a secure inpatient unit.
- Facilitated safety planning and collaborated with multidisciplinary teams.
- Documented assessments, treatment plans, and progress using Epic.
- Integrated art-making into therapy sessions to enhance emotional expression and regulation.

Options Counseling & Family Services - Intensive Outpatient Mental Health Therapist (*Clackamas, OR*)

August, 2021 - November, 2022

- Provided intensive outpatient therapy to children and families in crisis.
- Conducted intakes, assessments, and referrals to appropriate services.
- Collaborated with treatment teams and participated in care planning.
- Documented all sessions and plans in CareLogic.

NYC Health & Hospitals - Art Therapy Intern (*Brooklyn, NY*)

September, 2020 - April, 2021

- Facilitated individual and group art therapy sessions for adults in acute mental health crisis.
- Completed intakes, weekly progress assessments, and clinical notes in Epic.
- Collaborated in treatment team meetings to coordinate patient care.

SVA Counseling Team - Telehealth Student Counselor (*New York, NY*)

September, 2020 - April, 2021

- Provided weekly telehealth art therapy to a child impacted by the COVID-19 pandemic.
- Documented sessions and attended weekly group supervision.

Help Women's Shelter - Art Therapy Intern (*Brooklyn, NY*)

January, 2020 - March, 2020

- Led group and individual art therapy for women experiencing homelessness.
- Conducted intakes and assessments; documented care using CARES.

SVA Special Projects Volunteer - Art Therapy Facilitator (*New York, NY*)

September 2019 - May 2021

- Designed and facilitated short- and long-term art therapy experiences for diverse populations, including:
 - Riga Stradiņš University – multinational medical program
 - Nontraditional Employment for Women – women in male-dominated trades
 - The LGBT Community Center – culturally diverse young adults
 - The Veterans Hospital – outpatient U.S. veterans
 - Gilda's Club – individuals affected by cancer

Artistic Noise - Volunteer (*New York, NY*)

October, 2019 - March, 2020

- Co-led youth mural project using art therapy approaches.
- Managed photographic documentation and contributed to treatment planning.

Westchester Creative Art Therapy Services - Intern (*Westchester, NY*)

September, 2018 - November, 2019

- Co-led art therapy groups for children, adolescents, and young adults with autism spectrum disorder.
- Developed and implemented client-centered directives.
- Facilitated sessions for elders at St. Cabrini Nursing Home.

Awards

The Paula Rhodes Memorial Award - for quality and originality of thesis, 2021

Clinical Skills

- Crisis Intervention & Safety Planning
- Trauma-Informed & Harm Reduction
- Decolonized Therapy Practices
- Intake, Assessment, & Documentation
- Treatment Planning & Case Collaboration

Philosophy & Approach

- Love Ethic
- Social Justice-Oriented & Community-Based Practices

Creative & Expressive Modalities

- Art Therapy Integration (Murals, Photography, Poetry, Painting)
- Film & Media Production in Therapeutic Contexts
- Mindfulness & Meditation Facilitation